

## BHEL Celebrates Yoga Day with Fervour



New Delhi, June 21: Under the aegis of the Ministry of Heavy Industries, the 10<sup>th</sup> International Day of Yoga was celebrated with great enthusiasm today by BHEL at its township in Noida. Sh. H.D. Kumaraswamy, Hon'ble Union Minister of Steel and Heavy Industries graced the event with his presence. Sh. Kamran Rizvi, Secretary (HI) and Sh. Vijay Mittal, Joint Secretary (HI) were also present on the occasion. Sh. K.Sadashiv Murthy, CMD, BHEL, and Functional Directors on the board of BHEL participated in the event, along with other senior officials of MHI & BHEL.

Addressing the gathering, Sh. Kumaraswamy said that, "Yoga is India's Gift to the World", and shared the importance of the International Day of Yoga which has positioned India as the 'Spiritual Guru' to the world. He further urged everyone to take up Yoga as a part of their daily lives and reap its benefits.

The highlight of the celebration was a one-hour yoga session held at the parade ground of the BHEL township in Noida. Over 400 participants performed Yoga Asanas as per the Common Yoga Protocol issued by the Ministry of Ayush, Govt. The event was also live-streamed across all units and offices of BHEL.

---